

THINGS TO DO BEFORE YOU'RE

1134

in the North West

No's 1-25



Have a go on your own

Join an event with a ranger nationaltrust.org.uk/events

Have a go and/or join a ranger at this location.

www.50things.org.uk

	Borrowdale Buttermere Ennerdale & Whitehaven	Aira Force & Ullswater	Allan Bank & Grasmere	Great Langdale Ambleside & Windermere	Acorn Bank	Sizergh	Tarn Hows	West Lakes	Wray Castle	Sandscale Haws	Arnside & Silverdale	Fell Foot
1 Climb a tree												
2 Roll down a really big hill												
3 Camp out in the wild												
4 Build a den												
5 Skim a stone												
6 Run around in the rain	1											
7 Fly a kite												
8 Catch a fish with a ne	t											
9 Eat an apple straight from a tree												
10 Play conkers												
11 Go on a long bike ride			-									
12 Make a trail with sticks												
13 Make a mud pie												
14 Dam a stream												
15 Play in the snow												
16 Make a daisy chain												
17 Set up a snail race												
18 Create some wild art												
19 Play pooh sticks												
20 Jump over waves												
21 Pick blackberries growing wild												
22 Explore inside a tree												
23 Visit a farm												
24 Go on a walk - barefoot												
25 Make a grass trumpe	t											



THINGS TO DO **BEFORE YOU'RE**

in the North West
No's 26-50



Have a go on your own

Join an event with a ranger nationaltrust.org.uk/events

Have a go and/or join a ranger at this location.

Please remember that some activities are weather and season dependent.

For our full list of events visit; www.ntlakesoutdoors.org.uk/events www.nationaltrust.org.uk/northwest

	Borrowdale Buttermere Ennerdale & Whitehaven	Aira Force & Ullswater	Allan Bank & Grasmere	Great Langdale Ambleside & Windermere	Acorn Bank	Sizergh	Tarn Hows	West Lakes	Wray Castle	Sandscale Haws	Arnside & Silverdale	Fell Foot
26 Hunt for fossils & bones												
27 Go star gazing												
28 Climb a huge hill												
29 Explore a cave												
30 Hold a scary beast												
31 Hunt for bugs												
32 Find some frogspawn												
33 Catch a falling leaf												
34 Track wild animals												
35 Discover what's in a pond												
36 Make a home for a wild animal												
37 Check out the crazy creatures in a rockpool												
38 Bring up a butterfly												
39 Catch a crab												
40 Go on a nature walk at night												
41 Plant it, grow it, eat it												
42 Go sea swimming												
43 Build a raft												
.44 Go bird watching												
45 Find your way with a map & compass												
46 Try rock climbing												
47 Cook on a campfire												
48 Learn to ride a horse												
49 Find a geocache												
50 Canoe down a river												